

Sabinal Yellowjacket Athletic Policy



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Sabinal ISD Athletic Department Values

Our Athletic Philosophy will be based on loyalty, class, character, a strong work ethic and the ACES philosophy. It is the staff's objective to produce well-coached and competitive teams. We expect our teams to demonstrate loyalty, class, character, discipline, pride, integrity, unity, as well as a relentless pursuit of excellence.

Athletic programs in a secondary educational environment should provide a method to teach and promote these principles and values which extend beyond the classroom and playing fields. Student athletes are encouraged to achieve excellence in competition and individual development, gaining interpersonal and leadership skills in the process. Excellence in athletics and academics are compatible. High standards in both athletic and academic programs ensure that students will be given the best possible foundation for their futures. This background leads individuals to think and act as ethical leaders and responsible citizens for their community.

The Coaches will teach our Athletes about the responsibility and self-discipline necessary to be a productive and positive part of our school and athletic program. We will create an atmosphere for success and thus enable our Athletes to believe in themselves and their teammates.

The coaching staff will expect our Student Athletes to "Do Right" both on and off the field or court. The staff believes our athletes should act with class and character. We have high expectations for our Student-Athletes. We expect them to display a high level of moral character, and to "Do Right" in the classroom, in the community, and on the field.

As a staff we will be dedicated to helping our Student Athletes meet their academic and personal goals. We will encourage them to set academic goals and develop a plan to be the very best Student Athlete they can be.

The staff expects our teams to be competitive and have an opportunity to win every game. Our athletic goals are to make the playoffs, win a district championship, and then advance in the playoffs.

The principles and values that have been instilled in them through the implementation of this philosophy will ensure them a solid foundation for success. The ultimate purpose in my philosophy is to develop a consistent, winning program; and in doing so, develop young men and women, through athletics, who, upon graduation, are ready to meet the challenges of the outside world.

Athletic Mission Statement

OUR MISSION STATEMENT REPRESENTS THE CORE OF BELIEFS AND IDEALS BY WHICH WE WILL OPERATE OUR PROGRAM. WE ARE COMMITTED TO THESE GOALS AS A STAFF AND WILL STRIVE TO FULFILL THESE EXPECTATIONS ON A DAILY BASIS.

1. ESTABLISH THE TRADITIONS AND STANDARDS OF EXCELLENCE THAT WILL GUIDE OUR PROGRAM.
2. OPERATE WITH INTEGRITY: BUILD AN ENVIRONMENT OF TRUST AND RESPECT
3. BE “FIRST CLASS”: DO NOT SETTLE FOR SECOND BEST. DEMAND EXCELLENCE FROM OUR PLAYERS AND OURSELVES.
4. DEVELOP A GENUINE APPRECIATION FOR THE CONTRIBUTION THAT EACH INDIVIDUAL MAKES TO THE PROGRAM.
5. PROMOTE PRIDE AND CONFIDENCE IN OUR TEAM. REPRESENT OUR SCHOOL TO THE BEST OF OUR ABILITY.
6. PROMOTE THE VALUE OF EDUCATION.
7. PROMOTE THE VALUE OF GOOD SPORTSMANSHIP.
8. ENCOURAGE PARENTAL AND COMMUNITY INVOLVEMENT IN OUR PROGRAM. THE PARENTS AND COMMUNITY ARE A PART OF THE TEAM. WORK TOGETHER.
9. KEEP THE GAME FUN FOR EVERYONE.
10. MAKE A POSITIVE DIFFERENCE IN THE LIVES OF THE YOUNG MEN AND WOMEN WE ARE PRIVILEGED TO COACH.

Athletic Programs Offered:

The following programs are options for students at each campus: Sabinal High School:

- Baseball, Basketball, Cross Country, Football, Powerlifting, Softball, Tennis, Track, Volleyball
- SISD Middle School: Cross Country, Basketball, Football, Softball, Tennis, Track, Volleyball

Our Purpose:

Sabinal ISD provides extracurricular athletic programs for the benefit of students. We believe that participation in the various athletic programs can provide students the opportunity to learn many things beyond what is available to them in an academic setting. Students are encouraged to participate in as many extracurricular activities as possible.

We recognize that some of our expectations are stricter for athletes than for the general student body. However, athletes are expected to accept and follow the established policies. Violation of policy will result in corrective and/or disciplinary action. All known facts and circumstances will be taken into consideration when determining what actions will be taken. Students may be disciplined or dismissed from the program(s) for violation of the athletic policy.

Academics:

The number one reason students are enrolled at Sabinal ISD is to obtain a quality education.

- Participants must meet all minimum grade requirements set by UIL and TEA.
 - A participant must be passing all subjects with at least a 70% average at the end of each grading period.
- Grade checks will be completed every week. If an athlete has a grade of 75% or below, he/she may be required to attend tutorials until the grade is above 75% at the next progress report.
- If an athlete is academically ineligible for two grading periods during the school year, he or she will be placed on an athletic contract or growth plan that outlines the expectations for improvement.
 - Any additional academic violation may result in removal from the athletic program for the remainder of the school year.

Athletic Academic Program

This program has been designed for the proactive intervention of at-risk student athletes participating in the athletic program. The objective of this program is to help fulfill the academic goals of Sabinal HS and help athletes to fulfill their goals toward higher education.

As part of this plan, each position coach will be responsible for monitoring their athletes:

- 1. Weekly academic performance**
- 2. 3rd six weeks progress sheets**
- 3. 6 weeks grade reports**
- 4. Semester grades**
- 5. End of the year semester averages for annual academic review**
- 6. Accumulated academic credits and GPA**

At the conclusion of each week, six weeks and semester, the position coach will evaluate his athlete's performance and take steps to intervene to improve the athlete's academic progress toward graduation and qualification for college admission.

Step 1: Weekly Academic Monitoring:

We will monitor the academic and behavior level of each athlete through a weekly progress sheet. Each coach will check the academic and behavioral progress of his or her athlete. If an athlete has an average of 75 or lower, he or she will be required to attend an "Enrichment" tutorial. If an athlete is a behavior problem in class, the necessary steps will be taken to correct the negative behavior of the athlete through the following disciplinary actions: Do rights, suspension of playing time, and parent conferences. If academic ineligibility persists an athlete will be put on an athletic growth plan and may be removed from the program.

Athletic Participation

It is the goal of the athletic program to offer the opportunity of participation to every student who has the ability and desire to do so. Participation in Sabinal ISD athletics is a privilege, not a right. Since it is a privilege, the Athletic Director, in accordance with SISD policy and procedures, has the authority to suspend or revoke the privilege when rules and/or standards of the athletic program are not followed. Prior to being able to try out or participate in any facet of the athletic program, the student must have the following on file with the SISD Athletic Department.

1. Updated physical stating that they are clear to participate.
2. Emergency Information Form has been completed.
3. UIL Form and Signature Page have been completed and signed.
4. Acknowledgement of the SISD Handbook has been signed.

Failure to have all of these forms completed prior to the start of the practice or school (whichever comes first) may result in a loss of opportunity to participate and the removal from the sport and the athletic period.

Athletic Periods:

Athletes in SISD should be enrolled in the appropriate athletic period in order to participate in our athletic programs. Exceptions to this will only be approved by the Athletic Director and with the consent/advisement of the campus principal.

Athletes should not schedule classes or outside activities at the time that a practice or athletic period is scheduled. Individual sport coaches cannot approve exceptions to this rule. Any modifications to a student's enrollment and participation in athletics must be approved by the Athletic Director and with the consent/advisement of the campus principal. This maintains consistency in this standard.

Athletes are expected to be enrolled in the athletic period for the entire year in order to participate. Athletes that decide to drop athletics to avoid off-season will not be allowed to return to athletics for the following season.

Example: A football or volleyball player who is in the athletic period for the fall semester but decides to drop athletics during the spring semester will not be allowed to participate the following fall. This will be considered quitting and the year suspension will apply.

Multi-sport athletes will be with the in-season sport until that sport ends. At the conclusion of each season, multi-sport athletes will shift to their next sport during the athletic period. Once all sports for the athlete have concluded for the year, the athlete will move to the next program and/or split time based on conversations with each coach.

Specifically for Middle School Athletic Periods:

Students enrolled in the athletic period are expected to participate in sports as well as off- season activities when they are not in a particular sport.

Students enrolled in the athletic period who do not participate in any sport while in the 7th grade must be approved to sign up for the athletic period as an 8th grader. Those students will still be allowed to try out for sports in the 8th grade, and if they make the team, every effort will be made to put them into the athletic period.

If a student who is not in season, but is suffering from an injury or illness that causes them to miss more than 25% of the scheduled off-season workouts, they may be held out of the next sport season out of precaution.

Attendance:

Being present and on time at school and practice is part of making a commitment. We expect all athletes to be in class on time, to be at practice, and be in the athletic period unless otherwise notified. All coaches plan extensively before practices begin, and when an athlete is a "no show" and has not notified a coach, many changes have to be made. Extenuating circumstances for an absence will always be taken into consideration. A consistent pattern of absences may result in removal from athletics and the ability to try out in the future.

There are two types of absences within the Sabinal ISD Athletic Department:

- **Excused:**

An athlete's absence will be deemed "excused" when they have contacted a coach prior to the workout. This should be done by contacting the coach directly through sportsyou. Sickness, death in the family, etc. are valid reasons for an excused absence. Prior notice of a family shopping trip, etc. is not. Absences associated with other school-sponsored activities are considered excused. Missed conditioning will be made up at the next workout. If an athletic period is missed, the workout must be made up before an athlete can compete in any competition. If a game/contest is missed, future playing time may be impacted.

- **Unexcused:**

An athlete's absence will be deemed "unexcused" when an athlete misses a practice, game, or the athletic period without making direct contact with his/her coach. Conditioning for unexcused absences includes; make up of previous days conditioning, plus extra if an athletic period is missed. The workout missed must be made up before an athlete can compete in any competition. It will be up to the head coach of each sport to determine the specific conditioning and/or consequence for unexcused absences.

The following game consequences will be enforced for unexcused absences:

- o **Football Middle School Games**

- 1 unexcused absence in a week = 1 Quarter
- 2 unexcused absences in a week = 1 game
- **Baseball / Basketball / Softball / Volleyball**
- 1 unexcused absence in a week 1 Quarter, 2 Innings, 1 Game
- 2 unexcused absences a week = 1 game/match
- **Track / Powerlifting / Cross Country / Tennis**
- 1 unexcused absence in a week Sport-specific conditioning
- 2 unexcused absences a week = 1 meet

***Student athletes who receive limited playing time may also be held to additional disciplinary expectations or consequences as outlined in the athletic handbook.**

Game Day

Students are always expected to attend all classes regularly, unless they have an excused absence. **Students must be in school attendance the entire day in order to participate in any extracurricular event, including competitions and games. Additionally, students cannot be more than 15 minutes tardy to first period.** Failure to produce a doctor's excuse in the event an athlete does not attend the full day of school will result in ineligibility for the day's competition. Players are expected to be present the day of and the day after any extracurricular event (home or away games).

Exceptions to this rule would include school related activities or special circumstances, which would need to be communicated to and cleared by the head coach, and athletic director in advance.

ISS:

Students assigned to ISS for disciplinary reasons will be considered unexcused absent from the athletic period, and the corresponding consequences will apply. Any athlete placed in ISS will be suspended from all games and scrimmages until the assignment is completed. ISS placement will also result in consequences in accordance with the Sabinal Code of Conduct at each campus. Multiple ISS placements may result in an athletic contract and could lead to suspension or removal from the program.

DAEP:

If a student is assigned to the DAEP, there must be a conference with the Athletic Director and the Head Coach once the athlete returns to the home campus before the student is allowed to participate in a sport. At the conference, a determination will be made if the student will continue in the athletic program or not. Conditions will be set if it is determined the athlete will return to the athletic program.

- **1st Placement: 20 Miles**
- **2nd Placement: 50 Miles**
- **3rd Placement: Removal from the program**

Tryouts:

Some sports may have participation limits based on team structure and safety considerations. In these situations, a structured evaluation period will be held to place athletes appropriately within the program. Following the evaluation period, athletes will be assigned to teams or groups based on readiness, skill level, and program needs. The goal of the athletic program is to encourage participation and provide opportunities for all students to be involved in athletics whenever possible.

Students who are under campus and/or athletic department discipline restrictions may have limited participation opportunities if those restrictions overlap with evaluation dates. These situations will be reviewed on a case-by-case basis based on the specific circumstances and season timelines. The Athletic Director and campus principal will make final determinations when necessary. In certain situations, an athlete may be evaluated individually through an alternative tryout process to ensure appropriate placement within the program.

Missed Games:

An athlete that misses a competitive game for a reason other than illness or a family crisis is subject to conditional or permanent suspension. If an athlete has to miss a game, he/she should contact the coach and make arrangements ahead of time. Prior arrangements may or may not be excusable, but the courtesy is expected. Dedication to the team and your teammates is of the utmost importance to the success of the program. Athletes should not schedule classes nor outside activities at the time that practice or games are scheduled.

Varsity Lettering:

All varsity athletes will be awarded a letter in his/her sport when they finish the year in good standing in the athletic program and have made a positive contribution to the team. A positive contribution is not only defined in minutes/playing time. Only one jacket will be awarded per four years of competition. Special consideration will be given to seniors or injured athletes on the varsity team that do not fulfill the lettering requirements. Managers may be recommended for lettering purposes if they serve as full time managers for the entire season in that sport. All expenses beyond the jacket and campus patch will be the responsibility of the athlete and/or family.

Dress:

All uniforms will be worn in the same manner. No one will look different — exp: socks, wrist bands, etc. Equipment will be furnished and may be laundered by some sports. At no point should an athlete take school-issued equipment home unless specifically given permission by the coach (game gear, etc.) The school dress code will be adhered to for all banquets, school events, etc. At no time should Sabinal ISD uniforms and/or team issued clothing be worn outside of team events. This includes, but is not limited to, wearing these items:

- to school unless permission from the sport coach is given
- out in the community unless representing SISD in an approved capacity

Appearance:

All athletes represent not only themselves, but Sabinal ISD as well, both on the field of competition and off. Athletes must be in compliance with the Sabinal ISD dress code at all times when present at school, representing our programs, and when supporting our programs at home or offsite.

Jewelry (piercings, necklaces, and rings) is not to be worn during practices or competitions, regardless of the sport.

Travel:

All athletes are expected to travel as a team to and from the athletic contest.

If a parent or guardian chooses to have their child ride home with them after an event is over, they will need to have gone through the proper notification process prior to the day of the event. Before releasing a child, the parent/guardian will need to sign the student out in the presence of a member of the coaching staff. **STUDENTS WILL NOT BE RELEASED TO ANOTHER STUDENT/MINOR EVEN IF IT'S A SIBLING WITHOUT ADMIN APPROVAL.**

Overnight Travel:

There may be times when teams will need to travel overnight for competitions. In these instances, athletes must:

- o be in gender specific room assignments
- o abide by all room and curfew rules established by the coach
- o abide by all SISD policies
- o understand and approve the need for bag checks prior to departure.

Respect for Coaches:

Coaches should receive only "Yes, ma'am" and "No, sir"/"No, ma'am" responses from players. Players in return will be treated with respect by their coaches. We believe this is a life skill which will benefit all athletes.

Profanity:

Profanity will not be tolerated. Offenses will result in disciplinary action at coaches' discretion.

Grade Classification/Senior Recognition:

A senior is defined as a student who will have no eligibility remaining after the season is complete. A junior is defined as a student who will have one year of eligibility after the season is completed. A sophomore is a student who will have two years of eligibility after the season is completed. Senior Night recognitions will only highlight those athletes who have no eligibility remaining. An athlete choosing to graduate prior to his/her senior year will not be considered for this recognition. The rationale for this is simply because plans can change which would result in multiple recognitions.

Theft:

Stealing will not be tolerated in Sabinal ISD. Stealing could also be interpreted as not returning school issued equipment after the season is complete. An athlete caught stealing will be handled according to the Campus Code of Conduct and, depending on the specific incident, may include immediate dismissal from the program.

Vandalism:

Vandalism is an action involving deliberate destruction of or damage to public or private property. This does not only pertain to structures or vehicles, but also to any item that has been purchased and issued to a student or adult with the expectation of having returned at the end of the year. This behavior will not be tolerated at Sabinal ISD. An athlete caught damaging any property will be handled according to the Campus Code of Conduct and, depending on the

specific incident, may include restitution to be paid and possibly the immediate dismissal from the program.

Quitting / Removal from a Sport:

Commitment is one of the many core values taught in athletic competition. Quitting is not a habit we want to re-enforce in the athletic program and should always be discouraged. Once an athlete starts a season with a team, he/she is obligated to finish the season with the team. However, if a student does decide to quit after the first inter-school scrimmage/game, the decision does not become final for a twenty-four-hour period. This "grace period" is designed to allow for processing time from an unpleasant emotion or experience. It does not excuse the athlete from consequences for improper actions committed by the athlete before or during the "grace period". Once the athlete has quit, he/she will be removed from that sport program for one calendar year. The student will be unable to try out for another sport until after the sport they chose to quit has completed their season. If a student is dismissed from a sport for disciplinary reasons, he/she may also be removed from the athletic program for up to one calendar year. The head coach involved and the Athletic Director shall determine the consequences on a case-by-case basis. If the student is allowed to remain in the athletic program, the Athletic Director will decide how and when the student moves forward based on the circumstances. Any variation of this rule will only come from the Athletic Director.

Club / Select Team Participation:

Participation on club/select teams during the school year has become common with many athletes. Participation is understood in many circumstances. However, missing practices or games for club/select teams will not be allowed. The first offense will be deemed as an unexcused absence, and a meeting between the coach and parents will be scheduled. The second offense may result in dismissal from the program.

Strength & Conditioning:

All athletes who compete for Sabinal ISD will be required to participate in strength and conditioning throughout the school year. All athletes, whether in-season or off-season, will participate in some form of weight training. All athletes must compete in at least one sport to remain in the athletic period. Any athlete who goes one year without playing a sport will be removed from the athletic period.

Fundraising:

Sabinal ISD provides annual funds for athletic equipment, tournaments, and other necessary items for each program. In addition to these district funds, programs have an activity account for additional funds raised by each specific program. The availability of and need for funds will be a determining factor in the approval of the fundraiser. The ability to raise funds for projects does not determine the approval for projects. Many factors are involved when approving spending for sport specific projects.

The head coach is responsible for communicating with the Athletic Director and/or campus Principal prior to beginning any fundraiser. Once discussed, the head coach must complete and submit the SISD Application for Fundraiser. The fundraiser will only begin once it is approved by SISD administration. Parent volunteers may be used to assist the head coach with aspects of the planning but the head coach must be the primary contact and leader of the fundraiser.

No athletic program, spectators, or booster club may display any sign or banner on district property that provides advertisement to any company without the prior approval of the Athletic Director and SISD Operations Office.

Social Media:

Sabinal ISD understands that there may be times throughout the school year when different concerns or questions may arise. We encourage those concerns to be addressed face-to-face by setting up a conference time. Social media has become a very positive tool for communicating information. However, social media is also used as a means to express displeasure in many different areas. Social media is not an acceptable means of expressing negative comments toward the Sabinal ISD Athletic Department, its programs, or its staff and participants. If something negative is posted by an athlete or parent, an initial request will be made to have it removed. Failure to do so may result in removal from the athletic program and/or from attending events.

Athletes are expected to represent themselves and SISD with high moral character at all times, including via social media.

Communication/Schedules:

Before the start of each sport, the head coach will conduct a mandatory parent meeting regarding rules, regulations, and additional team rules will be distributed at that time. If at any time, an athlete or parent has an issue/concern with a coach or program, the below process should be followed:

1. Athlete meets with the coach to discuss the problem.
2. Parents and/or athlete meet with the coach.
3. Parents schedule a meeting with the Athletic Director.

Coaches should never be approached to discuss a problem or complaint immediately following a game

At the before mentioned parent meeting, the coach will share the SportsYou code for the upcoming season. At SISD, all sports will utilize the SportsYou application as one of their primary means of communication. Information regarding program events, changes in schedules, and related information will all be posted on the Sports You page for each program. The application also provides direct lines of communication to the coaches for both the parents as well as the student athletes.

Spectator Behavior:

Sabinal ISD requires school districts to monitor spectator behavior at all school sponsored activities. Senate Bill 2929 which was signed into law in 2025, grants referees, judges, officials and administrators at UIL events the authority to remove fans who exhibit inappropriate behavior without requiring repeated misconduct or warning. Failure to leave the premises may result in the campus having to require police assistance for removal. The school has the authority to suspend individuals from attending all school sponsored activities for spectator misconduct. Our events are for the kids and Sabinal ISD appreciates positive support from all spectators.

Insurance:

Adequate insurance coverage for the athlete is the responsibility of the parent or guardian. The school system purchases accident insurance for students for coverage while they are involved in school interscholastic athletic activities. The insurance plan includes only those sports which are under the supervision of the Sabinal ISD. It does not include club sports offered by individual schools or organizations. This insurance plan serves only as supplemental insurance to the parent or guardian's primary insurance. If the athlete does not have a primary insurance provider the school insurance will only pay a certain amount of charges. It must be clearly understood that no accident insurance plan is comprehensive. Insurance information outlined on the following pages is an attempt to describe the insurance plan SISD provides the Student Assurance plan.

School insurance claim forms are to be filled out by the parent or guardian and submitted to the doctor/hospital. It is the parent or guardian's sole responsibility to file all necessary claim forms to the appropriate providers. An insurance claim form can be obtained through the athletic director's office or through the athletic trainer's office.

Student Code of Conduct:

In addition to the requirements in this handbook, athletes must comply with all aspects of the Sabinal ISD Student Code of Conduct.

The SISD Student Code of Conduct will be strictly enforced. If multiple games are missed as the result of consequences, then dismissal from the team and athletic program could occur at the discretion of the Athletic Director and Campus Principal.

Any suspension assigned as a result of infractions during the off-season/summer will begin on the designated UIL start date for inter-school competitions in their next sport. Suspensions assigned during the competition season will be enforced immediately. The Athletic Director and Campus Administrators will make a determination about how to handle any remaining suspension days not served if the season ends prior to the suspension ending.

- A violation may be based on, but is not necessarily limited to the following criteria:
- A SISD employee has observed the behavior and notified the Athletic Director;
- A law enforcement officer has observed and reported the behavior;
- A law enforcement officer has issued the athlete a citation;
- The athlete is accused and openly admits to the infraction to the Athletic Director or Campus Administrator.
- Any campus administration investigation and discipline assignment

Behavior Contract:

Any athlete may be placed on a behavior contract following a serious incident or repeated displays of behavior that is not condonable. The duration of the contract will last for 6 months and failure to abide by the agreement may result in one 1 s removal from the athletic program. Such offenses to generate a behavior contract include, but are not limited to the following:

Severe or persistent misbehavior

Failing grades

Attendance issues

ISS / DAEP placement.

Discipline Management Statement

The Coaching staff considers discipline to be the cornerstone on which to build our program. We believe that participation in extracurricular activities is a privilege. Our student athletes must be willing to conform to established standards of behavior in the classroom, on the playing field, and in the community. The majority of young people want to belong to something that is positive and wholesome. Young people are desperate for guidance, discipline, and a sense of belonging that is derived from being part of a team. Participation in athletics provides young people with one of the purest avenues to fill these needs.

We want to provide our students with the finest educational experience possible. The primary focus and direction of all of our programs, curriculums and extracurricular activities is “student success”: through the leadership of our administration, our faculty will be involved in improving our campus through discipline management.

As an Athletic program, we would like to contribute towards this goal by establishing our own discipline management plan for our athletes. We strongly believe that our athletes have the responsibility to serve as positive role models for their peers. They should set an example of appropriate conduct and cooperation on our campus. They should take pride in their appearance both in and out of uniform. Our athletes will respect our campus and its facilities. This coaching staff believes that demanding discipline is something you do for someone, not to someone. We are here to advise, counsel, mold and direct our student athletes to take a positive position in our school and society as a whole.

Our athletes will be held accountable for all rules and regulations posted in their student handbooks, rules specific to participation in athletics, as well as certain standards which set them apart as good citizens.

DISCIPLINE MANAGEMENT PLAN

****Everyone has a philosophy; however it is the implementation and execution of the philosophy that counts. ****

In order to make this plan work we will need the help, support and participation of parents, faculty and administration. We want our athletes to be successful and to reach their full potential. We feel that this kind of program will help them reach all of their goals by reducing the number of poor decisions that so many young people make. A person’s conduct and character is one thing he can control, with our help they will make the choices that lead to prosperous, productive lives.

Please join us in this cause. We know the results will be worth the effort.

General Guidelines

The general guidelines for our discipline management program will be based on the following basic behaviors:

1. **Do right: know the difference between right and wrong. Do what is right and avoid those things you know to be wrong.**
2. **Do not do anything to embarrass the family: *by family we mean**
 - a. **Your Immediate Family**
 - b. **Your Team**
 - c. **The Athletic Program**
 - d. **Your High School**
 - e. **Your School District**
 - f. **Community**
3. **Treat others the way you wish to be treated: Treat all people you come in contact with during the course of a day with dignity and respect.**

DISCIPLINE MANAGEMENT PLAN

WE MUST REALIZE THAT PARTICIPATION IN ATHLETICS IS NOT FOR EVERYONE. IT BECOMES THE RESPONSIBILITY OF THE HEAD COACH TO ESTABLISH AND UPHOLD THE STANDARDS BY WHICH HIS OR HER PROGRAM WILL BE RUN. SOMETIMES TOUGH DECISIONS MUST BE MADE IN ORDER TO PROTECT THE INTEGRITY AND ENVIRONMENT FOR ALL INVOLVED. WE BELIEVE THAT DISCIPLINE MUST BE DEALT WITH ON AN INDIVIDUAL BASIS. THE EXTENUATING CIRCUMSTANCES WHICH YOUNG PEOPLE FACE TODAY ARE BEYOND BELIEF WHEN COMPARED TO THE STANDARDS BY WHICH WE WERE RAISED. WE WILL INSIST HOWEVER THAT ALL DISCIPLINE BE FAIR AND CONSISTENT.

OUR RESPONSE WILL BE BASED ON THE FOLLOWING CRITERIA:

1. **WILL THE DISCIPLINARY ACTION MAKE HIM/HER A BETTER MAN/WOMAN?**
2. **WILL THE DISCIPLINARY ACTION MAKE HIM/HER A BETTER STUDENT?**
3. **WILL THE DISCIPLINARY ACTION MAKE HIM/HER A BETTER ATHLETE?**
4. **WHAT EFFECT WILL THIS DISCIPLINARY ACTION HAVE ON THE TOTAL PROGRAM?**
5. **HOW WOULD I EXPECT MY SON/DAUGHTER TO BE TREATED IN THIS SITUATION?**

We feel that the most important aspect of our Discipline Management Plan is the daily Positive Reinforcement of the Value of Total Commitment to the Program and the values and ideals upon which it will be built.

IMPLEMENTATION OF THE PLAN

IN ORDER TO ESTABLISH CONSISTENCY AND FAIRNESS WE WILL CLASSIFY MISCONDUCT INTO TWO MAJOR CLASSIFICATIONS:

MINOR OFFENSE

- I. Minor offenses include violations of school and athletic policies and general conduct.
 - A. Classroom Behavior
 1. Respect for the teacher
 2. Cooperation
 3. Completion of assigned tasks
 - B. Athletic Standards:
 1. Respect for coaches/trainer/officials
 2. Respect for our facilities and equipment
 3. Attendance and Promptness for meetings and practice
 4. Adherence to Expectations: Grade Checks, Study Hall, Tutorials
 5. Dress and Appearance: Present a positive image of our Athletic Program
 - C. School Policies:
 1. Follow all rules in the student handbook
 2. Stay out of the Principal's Office
 - D. General Citizenship:
 1. Follow the three major guidelines. "DO Right!!!"

RESPONSE TO MINOR OFFENSES

Minor offenses are the responsibility of the entire coaching staff. Each coach has the authority to address and assign appropriate consequences for these behaviors. Our standard response to minor offenses will be DO Right activities—physical exercises determined by the coach (e.g., black hollows, sprints, sled pushes, bear crawls, etc.), with the amount based on the severity of the offense.

Purpose/Justification

1. **Do Rights** present no physical danger to the athlete.
2. They are Effective. Athletes do not like it.
3. **Do Rights** are non-confrontational. Coaches are not put in a position of provoking a hostile response.

Note: An athlete that refuses to do their Do Rights will receive an immediate appointment with the Head Coach to discuss his continued participation in the Athletic Program. A young man/woman will not be allowed to leave the program without such an appointment.
4. **Do Rights** produces an immediate favorable response with faculty members and parents.

MAJOR OFFENSES

- II. Major offenses include violations of major school and Athletic Rules or serious offenses in the Community.
 - A. Drug/Alcohol/Tobacco/Vape Abuse
 - B. Stealing
 - C. Severe Disrespect towards a Teacher, Administrator, Coach or School District Employee
 - D. Commission of a Crime away from school
 - E. Gang involvement

RESPONSE TO MAJOR OFFENSES

Major offenses will be the responsibility of the Head Coach. Violations of major school rules will involve the student's grade level principal. All normal procedures would be followed, as well as an athletic response. This response would be based upon the criteria aforementioned, a review of the athlete's discipline file, and a conference with the head coach and a parent conference. A worst-case scenario would involve expulsion from the Athletic Program. Again, the integrity and wholesome environment of the Athletic Program must be maintained for all involved.

1st Offense: 20 Miles

2nd Offense: 50 Miles

3rd Offense: Removal from program

DISCIPLINE FILE

A Discipline file will be maintained for athletes violating policy throughout his four years in the program. It is the responsibility of the coaching staff to maintain and monitor these files. We will maintain records documenting offences. This file will be consulted in the event any major disciplinary action is needed. This file will always be available for inspection by the player or parent upon request.

OUR COMMITMENT

We want to take a strong, positive position in regards to Discipline. We feel we would be doing our players a gross injustice if we did not make this kind of effort. We want our players to know we care. We care for them as team members and as individuals. We want our players to learn that they are accountable for their actions. They must learn to make good decisions. The bottom line is: we want every athlete that comes into our athletic program to leave a better man for the experience.

Athletic Academic Growth Plan Sabinal Athletics

Student Athlete Name:

According to UIL rules, being in athletics is a privilege and not a right. Only those students who abide by school and athletic policies will be allowed to represent Sabinal ISD. By signing up for athletics, you are making a commitment to the betterment of the program and are obligated to follow all rules and meet all expectations at all times.

No pass no play has been a driving force of Texas athletic programs since the early 80's. In order to contribute on the playing field one must first, be a good student and maintain passing grades in all classes.

It is necessary that we work together to ensure the success of our athletic programs and your academic growth.

Reason for academic growth plan:

- Failing to maintain a 70 or above average in all classes for two consecutive grading periods
 - Excessive absences
- Failure to be a contributing member to your athletic team due to grades below a 70 for two consecutive grading periods

Steps for Success:

- Set goals...must be reasonable and attainable (WRITE THEM DOWN AND POST THEM WHERE YOU CAN SEE THEM EVERY DAY!)
 - Academic
 - Athletic
- Attend MANDATORY tutoring sessions 3 days/per week with teacher/teachers of classes you are failing
- Must be present at school EVERY DAY!
 - If you are ill you MUST COMMUNICATE WITH YOUR COACH immediately
 - A dr. note must be provided upon return to school
- Must attend a meeting with in-season Coach every Monday during advisory/tutoring period to set up the week's plan of action
- Change your study habits ...your current habits are NOT working!
- Get organized
- Stop talking and start DOING!!!
- Hold yourself accountable
 - YOU ARE IN CHARGE OF YOUR OWN DESTINY!!

If minimum grade expectations (70 or above in ALL CLASSES) are NOT met:

- You will be placed on athletic probation
 - Will result in loss of playing time/game suspension
 - May be removed from athletic program next year

Timeline: (specific to the student/class in which student is failing/struggling)

This is a non-negotiable plan of action to ensure you get back on track so you can reach your full potential as a student-athlete at Sabinal High School.

Sign and return

- I fully understand the academic growth plan to which I have been informed.
- I will work hard to achieve academic success and contribute to my team.
- I will make every effort to be at school every day moving forward because attendance and academic success are directly related.
- I will make time outside of school to make studying a priority
- I understand that if I fail to meet the academic standards that I may be placed on athletic probation or removed from the athletic program

Student Signature

Date

Parent Signature

Date



Student Athlete Athletic Probation Letter

Athlete's Name:

As student athletes, you are bound by a stricter moral and behavioral code than non student athletes. As such, you are responsible for conducting yourself in a manner above and beyond non-student athletes. By being a part of the Sabinal ISD athletic program you are expected to live each day according to our Team Pillars of Success: **Jacket P.R.I.D.E.** all the time: **THE PURSUIT OF RELENTLESS INTEGRITY, DEDICATION, AND EFFORT.** These pillars are meant to remind you of your role on our campus as a leader, team mate, and competitor. You represent Sabinal ISD wherever you go and you have a duty to represent yourself, the team, and our school in the best way possible. This applies to your behavior both in school **and** out of school. You are expected to avoid situations where you might be accused of wrong-doing.

In order for school athletic programs to excel there must be cohesion and trust among team members, its coaching staff and any support members such as managers, parents, administrators ...etc. Any deviation from our pillars such as any of the following may result in suspension or dismissal from the program:

- Using illegal drugs, alcohol, or tobacco (including vaping) **at any time**
- Allowing yourself to be in a situation, in school or away from school, where you are accused of/arrested for an illegal activity
- Excessive absence from school or practice
- Poor sportsmanship (includes fighting during a game, parents who heckle referees/umpires, inappropriate smack-talk to opponents, officials or coaches...etc)
- Harassment or bullying (verbal/physical/sexual...etc) of another student or team member.
- Any act (either in school or away from school) which (in the opinion of the coaching staff and /or school administration) reflects in a negative manner on the Sabinal ISD Athletic Program
- Electronic communication (text, email, facebook, tiktok, snapchat, twitter, instagram...etc) that is considered inappropriate and harmful
- Fighting (FOR ANY REASON) with a teammate or classmate
- Any behavior that could be deemed as “continuous drama” that encourages teammates to “pick sides” and creates division in our team dynamic
- Having your cell phone during class

If you receive this probation letter, then one or more of the above infractions has already occurred and the SISD coaching staff has deemed it necessary to invoke stern disciplinary action to prevent any further displays of poor behavior that could ultimately hinder the team's ability to compete at a high level.

Sequence of Events:

1. Bad choice is made by student-athlete resulting in extended ISS or DAEP placement
2. Student athlete is placed on athletic probation for **two semesters:**
 - a. If infraction occurs during the fall semester probation will expire at the end of the summer.
 - b. If infraction occurs during the spring semester probation will expire at the end of the following fall semester.
 - c. While on probation the student-athlete will operate as normal regarding practice and games but will be expected to uphold pillars of success and avoid any and all further infractions (including attendance) while on probation.
3. If the student athlete gets through the probation period with no further infractions, he/she will return to normal status.
4. **If a second major infraction occurs within the initial probation period, the student will be suspended for three games/meets and must complete the required consequences before returning to play.**
 - a. Consequences include: sled pushes, towel pushes, running...depending on the weather and the sport season
5. In the event of a third infraction, the athlete will be suspended for **one semester**. This will include all games, cheer tryouts and any other event associated with the athletic department.
6. If a 4th infraction occurs within the two semester time period, the student will be removed from the athletic department for ONE CALENDAR YEAR! During such time they will not be allowed to participate in ANY athletic/cheer events, nor will they be allowed to practice or come to summer workouts. Any and all athletic training will be suspended.

Explanation of infractions:

By signing below, you affirm and acknowledge that you have read this and fully understand that any FUTURE infractions to our PILLARS OF SUCCESS will result in your dismissal from the Sabinal ISD athletic program. Please, understand that as a coaching staff we have to protect the integrity of our programs and we will not tolerate any behaviors that will hinder our ability to compete at a high level.

Player Signature

Date

Parent Signature

Date

SABINAL ISD ATHLETICS
Parent & Student-Athlete Acknowledgement Form

We acknowledge that we have received and reviewed the Sabinal ISD Athletic Handbook and understand the rules, expectations, and consequences outlined within the handbook.

We understand that participation in athletics is a privilege and that student-athletes are expected to represent Sabinal ISD with character, integrity, sportsmanship, and respect at all times.

We agree to follow all athletic department policies, team rules, school rules, academic requirements, attendance expectations, and behavioral standards. We understand that failure to meet these expectations may result in disciplinary action, suspension, or removal from the athletic program.

Student-Athlete Signature

I have read and understand the expectations of the Sabinal ISD Athletic Program and agree to abide by all athletic and school rules.

Student-Athlete Name: _____

Student Signature: _____

Date: _____

Parent/Guardian Signature

I have read and understand the expectations of the Sabinal ISD Athletic Program and will support the policies and procedures outlined in the Athletic Handbook.

Parent/Guardian Signature: _____

Date: _____

- Yes, I would like a printed copy of the Sabinal ISD Athletic Policy
- No, I will review the digital copy on the SISD website under the athletic department tab.

